

THEODORE WIRTH REGIONAL PARK - SUMMER



The Trailhead:
Loppet Adventure & Rental Shop
Mill Valley Market

Mountain Bike/Multi-use Trails

- Beginner
- Intermediate
- Advanced

Theo Wirth Trails mountain bike trails managed for sustainability. Check loppet.org/trails for conditions

Other Trails

- Paved Trails
- Wider Natural Surface Trails (no biking)
- Narrower Natural Surface Trails (no biking)

Key

- Roads
- + + + + Railroad tracks
- 9 Golf holes
- ⛶ Picnic Area
- 🚻 Portapotty
- Bridge
- P Parking
- Start of Mountain Bike Trail

loppet.org/trails • minneapolisparcs.org