



Loppet Foundation

Loppet Cycle Works (LCW) Juniors Coach

The Loppet Foundation creates a shared passion for year-round, outdoor adventure in the Minneapolis area, focusing on underserved youth and families. The foundation provides quality programming for youth and adults, produces world class adventures and sporting events, and strives to create a welcoming and inclusive community in its operations in Theodore Wirth Park. The Loppet staff are dedicated and energetic individuals who work together leveraging the various aspects of the Foundation to create a whole that is more than the sum of its parts.

Job Summary

The Loppet Foundation is seeking part time mountain bike coaches for our LCW junior cycling programs. LCW junior programs center on general physical development, teaching sport-specific skills, and creating a passion for outdoor endurance sports. LCW junior coaches will be present during our mountain bike programs to deliver a curriculum that focuses on having fun, making friends, and gaining confidence in the sport. Primarily, coaches lead instruction of various biking skills, endurance training, strength training, facilitate games and supervise group rides.

LCW juniors have three different teams. 1. Gravity Team (meets T/Th), this team is all about riding/racing technical terrain (enduro, downhill). 2. Devo Team (meets M/W/F), this team focuses on competitive cross country riding/racing. 3. Adventure Team (meets T/Th), this is for juniors that just love riding but aren't into competition.

Hours and Locations

Our programs are 1.5 hour practices that meet two to three times a week depending on the team. We ask coaches to commit to the two days or three days a week to keep consistency with our teams. We offer programming in the afternoons (4-6p) at Theodore Wirth. A full list of our program offerings, schedule, and other information can be found here: [Loppet Cycle Works Programs](#)

LCW Juniors Coach Responsibilities

- Arrive 15 minutes before practice begins to meet team members and look at Team App for lesson plans.
- Help set up skill stations on which groups can practice skills
- Check Team App chats for late arrivals and parent communications
- Teach bike skills and lead practice as outlined in the training curricula and lesson plans
- Work with the Head Coach to address any behavior issues that come up in coaching groups
- Supervise group rides on the local trails
- Give feedback to participants and assess skill levels
- Provide an inclusive, equitable, and encouraging experience for all participants
- Participate in coaches meetings, debriefs, and training
- Evaluate and record ability levels for program participants

Provided Training and Certifications all coaches need to go through:

- Heads Up concussion certification
- Safe Sport certification
- Loppet Safety/First Aid presentation (online)
- Loppet Mountain Bike Skill Fundamentals and/or Progressions online and/or on-the-bike sessions
- Loppet Mountain Bike Coach Manual
- Mission-driven equity guidelines

LCW juniors coach reports to the LCW Director who reports to Loppet Sport Director. This is a seasonal hourly position at the Loppet Foundation. Hourly pay rate is between \$15 and \$23 per hour, depending on demonstrable experience and mountain bike related certifications. Volunteers are also welcome!

We recognize the need for a diverse workforce and understand that traditionally underrepresented communities must be centered in the work we do. As a Foundation, we are committed to building a blended team that reflects the community we serve. **Hence, we strongly encourage BIPOC, Indigenous and Queer-identified individuals to apply.**

How to Apply

No phone calls, no walks in. To apply please follow the instructions below precisely: Email your interest to LCW@loppet.org with an e-mail subject that reads exactly "Part Time LCW Junior Coach." You may also email this address with questions about the position.