

## **Loppet COVID-19 Guidelines for Participants, Parents and Counselors**

### **Group check in procedures**

- Do not come to camp if your child has any of the following symptoms similar to a cold or flu and include fever (temperature greater than 99.5°F), fatigue, cough, congestion, or difficulty breathing.
- Notify the Loppet counselor and program director if your child shows any symptoms of illness following a CAMP session.
- Both counselors and participants need to wash hands before camp and after the use of the toilet.
- Parents and youth should bring bike helmets for the day
- Due to the restricted group size (ten per group) at each meeting location, we ask that parents not remain for extended periods and drop off their kids and depart.
- Coaches will have a circle of cones spread out 6' apart for each participant to stand at during check in/out time frame to keep participants safely spread out.
- Check in at Table on Monday then campers can report directly to their group the rest of the week.

### **Session Guidelines**

- All counselors should wear protective face masks that they will provide on their own in all settings in which social distancing of at least 6' cannot be maintained.
- Participants must provide for themselves and use face masks whenever social distancing of at least 6' cannot be maintained.
- Counselors will have a circle of cones spread out 6' apart for each participant to stand at during check in/out time frame to keep participants safely spread out.
- If the coach needs to touch a participant's bike or other equipment they will use hand sanitizer before and after each interaction.
- Participants will remain six feet apart from one another until ready to depart.
- Participants and staff members will wear a mask or other covering (e.g., buff) over their nose and mouth at times when physical distancing of 6' away cannot be maintained.
- Due to COVID guidelines we will NOT be handing out or sharing any snack or water items. Please have your child bring their own snacks and water to all sessions.

### **Group check out Procedures**

- ❑ Due to Covid - 19 we will not collect or give name tags.
- ❑ Parents and youth need to follow the social distance guidelines and refrain from socializing in meeting areas or with other families in which social distancing is not maintained