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Contact Information:

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- What:** Sixth Annual *City of Lakes Loppet Roller Rally*. This is a non-competitive rollerski, bike or in-line skate. The event is the official kickoff of training for the 2010 Loppet and a fundraiser for the City of Lakes Nordic Ski Foundation.
- Where:** Meet at Partnership Resources Building: 4200 Park Glen Road St. Louis Park, Minnesota 55416 (see map, below, or link to larger map). Between Excelsior Boulevard and Highway 7, off of Belt Line Boulevard.
- When:** Sunday, October 25, 2009. Registration starts at 9:00 a.m. Rally starts at 10:00 a.m.
- Course:** Follows the Midtown Greenway, the Kenworth Trail and Cedar Lake Trail through the Chain of Lakes area of Minneapolis. 10, 20 and 40 kilometer options. Aid stations along the trail.
- Registration:** Register on-line at www.cityoflakesloppet.com. Special-edition t-shirts available on a first-registered basis. Register now to guarantee a t-shirt. \$20 for adults – age 19 and over, \$15 for youth. On-site registration will be available starting at 9:00 a.m. on October 25th.
- Goodies:** After the event pick up your free T-shirts and brat and stick around for door prizes at the new Hoigaard's (in the big tent). (Miracle Mile Shopping Center; 5425 Excelsior Boulevard; 952 929-1351)
- Door Prizes:** Include free entries to the Loppet, Tri-Loppet and Trail Loppet, Hoigaard's stone grinds, thermal bag treatments, and much more . . .
- Proceeds:** Benefit the City of Lakes Nordic Ski Foundation. The Nordic Ski Foundation is a 501(c)(3) non-profit organization whose mission is to promote and support skiing in the Minneapolis area – especially among inner-city youth. The Foundation has worked to bring permanent snowmaking and lights to Theodore Wirth Park and runs the *Bryn Mawr Skis Program*, the *Andersen Skis Program* and the *Anwatin Ski Team*. Hundreds of Minneapolis kids have learned to ski through Foundation

youth programming. For more information or to volunteer, call (612) 604-5330 or send an email to info@cityoflakesloppet.com.

